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Subject: **Career Journey - August 2008 Newsletter**
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August 2008

Issue: 18




Dear Lauren,

Summer is drawing to a close and as kids go back to school, it is time to shift from "summer mode" back into a routine. Autumn is a great time to get yourself organized, reassess what you want to have accomplished by the end of the year, and prioritize your life.

Over the next several months, I am trying a slightly new format to my newsletters. In addition to a monthly article, I'll have a short Job Seekers Tips section, devoted to anyone who is thinking about or in the process of changing jobs or careers.

And don't forget to check out the Special Offer on the assessments available to help with these transitions, as well as improving effectiveness in your work and life!

As always, I invite you to forward this newsletter to everyone you think would benefit from and/or enjoy it. 

Wishing you success, balance and freedom every day!

Warmly,
Lauren Still

Your Career Journey

While most statistics on the average number of job changes and career changes a person will make in a lifetime are problematic, experts agree that most people will change careers at least three times, and change jobs many more times than that. Knowing this, I find it helpful to think of work not as a "career" but as a "career path" or a journey. In any journey, the destination is important, but the road you travel can provide its own intrinsic value and charm along the way.

Likewise, I advise my clients to consider any job change to be a journey as well. It is unlikely that the path to your next job will be as straight as a Roman road, or that there is only one final destination. Rather, the road can wind and turn, there will be cross-roads where you will need to choose a direction, and there may be several happy outcomes available, depending on your route and where you choose to stop.

The important things to remember as you start out on a job search is that job seeking is a process, and you will need to be a bit



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Blog Log



Recent topics on my blog include:

Gen X Can't Get No Respect

Gen Y in the News

[Read on here...](#)

Karma Corner

Monthly featured business

Get organized this fall with the help of a professional organizer.

[Abundantly Clear](#)

flexible and a bit patient with that process. Also, being realistic about how long it will take (just as you wouldn't expect to drive from New York to Los Angeles in 4 hours) will help you pace yourself and enjoy the journey.

Finally, as on a road trip, sometimes an unexpected detour takes you to the most interesting point on your route. Be open and receptive to new roads and byways -- they might lead you directly to where you really want to go!

I'm always interested in hearing your thoughts. Please [email me](#) your comments and ideas for future articles you'd like to see.

Job Seekers Tips: Check out CareerConnect!

No matter where you are on your journey, gaining resources, making connections and having fun will make your job search faster and easier. Now there is a new venue in town for you to do just that: CareerConnect!

Want to jump start or speed up your job search? Could you use new connections and expert resources?

Please join us at the next CareerConnect event:

Tuesday, September 16, 2008
5:30 p.m. - 7:00 p.m.

Hanson's Grill and Tavern
1301 South Pearl Street
Denver, Colorado 80210 Phone: 303-744-1052
Louisiana and I-25 (light rail stop)

Complimentary appetizers provided.
Cash bar available.

Hosted by: the Career Coaching Program at CareerCo.com

RSVP appreciated: april@careerco.com or 303-546-7936

We'll also be introducing our Job Search 101 teleseminar series: everything you'll need to get your job search started off RIGHT!

Lauren is one of the certified Career Coaches supporting jobseekers on CareerCo.com - a new local job seeking website launching soon.

Upcoming Job Seekers Tips: Essential Tools for your Job Search.

Quick Links

[Schedule a Sample Session](#)

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Coaching Question

What is your next career destination?

Special Offer!

Purchase any assessment...

DiSC Communication Style profile (great for increasing performance at work, improving communications, and interview skills)

Work Expectations profile (understand how well your expectations about work are currently being met, and what you want and need)

Leadership assessment (understand your strengths and areas for improvement in several key areas of leadership characteristics)

...and receive an additional 30 minute follow-up coaching session at no additional charge! \$50 value.

[Click here for details or to purchase your assessment.](#)

Offer Expires: September 15, 2008

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